

Issue 24  
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# Coláiste Nano Nagle Newsletter



## Principals Welcome

Starting off in this new school year of 2016/2017 I would like to wish all students every success in the year ahead. A special welcome to welcome our new first year students who have settled in well now into life in secondary school. I am delighted to see so many involved in extra curricular activities and I look forward to seeing how these progress.

We welcome all our new staff members to our school and also all the new students who have joined us. I advise all students to involve yourselves fully in school life and participate in the many extra and co-curricular activities offered in the school. In particular I would like to congratulate all of you who represent the school in the many competitions and programmes which the school is involved in.

I would like to wish all exam classes the very best for the year ahead. Staying on task and putting in the hours of study will pay off in the end. There is life after Leaving Cert!

I hope all students and staff have a great year and I am looking forward to working with all of you throughout.

**Kind regards Marion Cummins**



## Popular Post Leaving Certificate College

CCL opened its doors in its 19th year to a record number of students on Monday 26th September 2016. Wishing staff and students every success in 2016/17 Academic year.

## Welcome new members of Staff.

Mrs. Anne O'Reilly, Career Guidance CCL  
Mr. Cathal McInerney, Business, TY Co-Ordinator & CCL Tutor  
Mr. Shane Golden, Chemistry, Science & CCL Tutor  
Ms. Elizabeth Benson, French & CCL Tutor  
Ms. Gillian Galligan, English & CCL Tutor  
Mr. Barry Donnellan, Business & CCL Tutor  
Ms. Marion Begley, Computers, Maths & CCL Tutor  
Ms. Claire Shanahan, English & History



**Mr. Neil Carmody is wished well in his travels in the Philippines and India in the coming months. Safe travel from all at Coláiste Nano Nagle.**



## Visit of Mrs. Noreen McManus

On the 10th of October, Coláiste Nano Nagle welcomes Mrs. Noreen McManus who will plant a tree and present the first Scholarship Awards to the 2016 students.



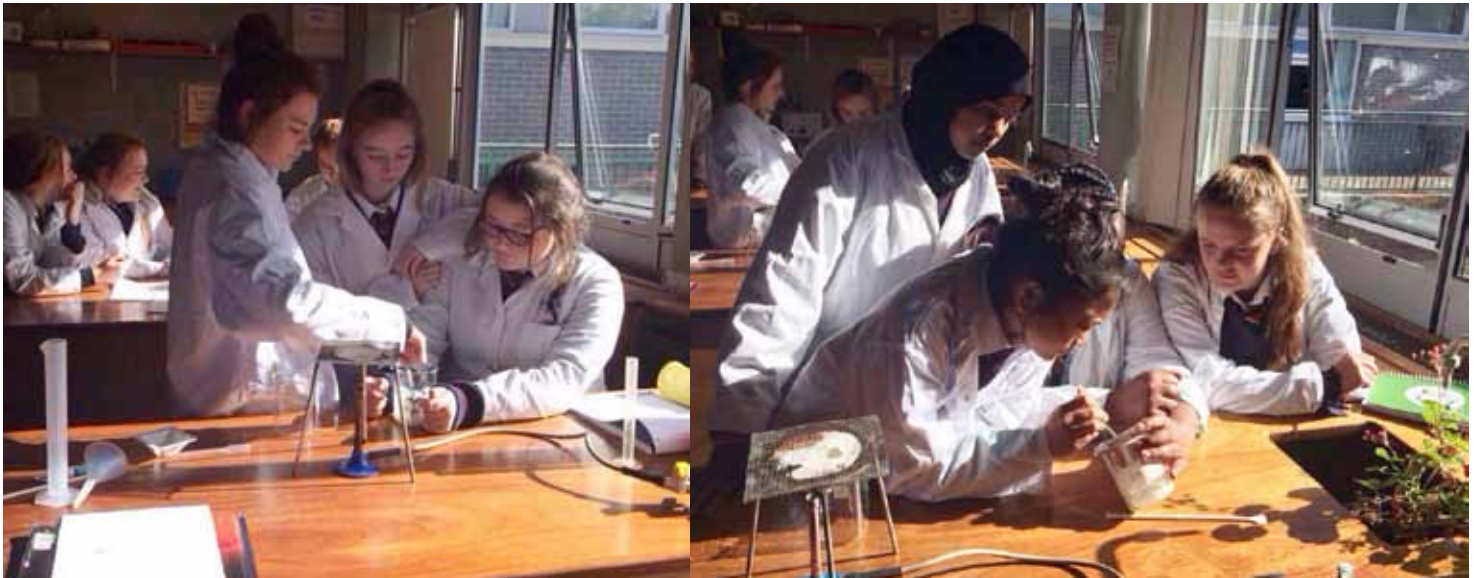
## Morning Prayer

Thanks to Sr. Colette and Ms. O'Brien who enlighten us each day with wisdom and enrich our lives with blessings.

# Transition Year 2016-2017



*Transition year students making lip gloss and lip stick! Because they're worth it.*



*Transition year students making moisturiser, keeping Ms Madigan wrinkle free.*

Science department getting off to a flying start with their inspirational teaching team who never fail to amaze us.



*Head girl Alannah O'Neill and Deputy Head girl Jessie Neilan*

## ***Head and Deputy Head Girls***

Hello, our names are Alannah O'Neill and Jessie Neilan and we have been elected as Head and Deputy Head Girls for 2016-2017. It is an honour to be elected and we are so excited at all the opportunities that will be presented to us this year as well as preparing and studying for one of our biggest exams of our life so far- The Leaving Cert. We would like to welcome all our new First years and we look forward to getting to know everyone. Pope Francis encouraged all young people in Poland to develop all our gifts and talents. I would encourage you all to join as many extracurricular activities the school offers.

*Alannah & Jessie*



# Parent's Section & City Tour



## Parents Classes Sexton St Schools

Day & Time	Class	Starting	Venue
Tuesday (10.30 - 12.30)	Parent Support Prog Helping parents deal with teenagers with anxiety issues	27 <sup>th</sup> September	CBS Secondary (HSCL Room)
Tuesday (9.30 - 11.30am)	Upstyling	4 <sup>th</sup> October	CBS Primary (Edmund Rice Room)
Tuesday (9.30 - 11.30am)	Time For Me	4 <sup>th</sup> October	Coláiste Nano Nagle (Parents Room)
Wednesday (9.00 - 11.00am)	Cookery	28 <sup>th</sup> September	Coláiste Nano Nagle (Cookery Room)
Wednesday (11.30am - 1.00pm)	Gaeilge Conversational Irish	5 <sup>th</sup> October	CBS Primary (Edmund Rice Room)
Wednesday (9.15 - 11.15am)	Computers	5 <sup>th</sup> October	CBS Primary (Computer Room)
Friday (10.00 - 12.00)	Sewing and Crafts	30 <sup>th</sup> September	Coláiste Nano Nagle (Parents Room)
Friday (10.15 - 11.45am)	Pilates	30 <sup>th</sup> September	CBS Primary (Edmund Rice Room)
Friday (9.00 - 11.00am)	Story Sacks A fun class for parents to make a bag that contains a storybook & other activities so you can enjoy reading with your child	7 <sup>th</sup> October	CBS Primary (Homework Club Room)

**Contact the HSCL Co-ordinator for more information: Triona Murray 085 1573302**

## Transfer Programme

First year parents were invited to attend the Transfer Programme on 'Adjusting to Post-Primary School' in our school library on Thursday the 15<sup>th</sup> of October. This programme was delivered by parents Lesley Cunningham, Caroline Carmody and Triona Murray (HSCL).

*The programme covered the following areas:*

1. Aspirations for my Child's Future
2. Fears and concerns for my child in Post Primary School
3. Post Primary School Structures

The parents who attended found it was a great opportunity to discuss their daughter's concerns and to realise that they all have similar fears. These parents now know who to go to if there is a problem and are more familiar with our procedures. This was the first of two sessions, the second will be held in January before the Parent-Teacher meeting. Congratulations to Lesley and Caroline who were excellent in their first delivery of the programme.



**Culture night fri 16<sup>th</sup>. September 2016**  
5LCA & 6LCA visited King John's Castle. We had a wonderful time, we enjoyed the art section, creating family crests.  
Thanks to Ms Meta Fitzsimons who took time off from her busy schedule to take these students on the city tour.



# Science Studies



*Second years acting out blood flow through the heart.*



*Second years dissecting the heart.*



*5th Year Agri Science students setting potatoes*

*Hard at work this September in the City Garden at Coláiste Nano Nagle.  
Thanks to Ms. E Madigan for her guidance and expertise.*



*5LCAs getting active in PE*



**Ms. Claire Shanahan is the Debating co-ordinator for junior & senior cycle students, all students are welcome to take part during the year.**

Thursday 22nd September saw the first Thursday of the TY running challenge. The TY class have signed up the Limerick Womens' Mini Marathon (5km) that will take place on Sunday 30th October. ***If you would like to sign up for this 5km event, or take up running for fun and fitness; contact Ms. Benson and don't forget your runners on Thursdays!***

# School Liturgy - Extra Curricular Activities

## Opening of the New Academic School Year 2016-2017

Our opening mass this year was inspired by the message of Pope Francis at the World Youth Conference in Krakow Poland. He spoke about the comfort of the sofa that we love, playing games on our computer or phones and watching television. He has encouraged all young people **"To leave our mark in the world"**. So with this in mind all students were given the opportunity to write their own intentions for the coming year and be encouraged to get up off the sofa like Pope Francis has encouraged us and develop all our gifts and Talents.



Mr Neil Loftus, Ms Therese Gaughan and senior members of the Coláiste Nano Nagle school choir at the Mass yesterday to mark the beginning of the school year

Jessie Neilan entertains the congregation

Ms C O'Brien & Fr. Chris O'Donnell look on with pride in a wonderful school liturgy.

## School Liturgy

Fr. Chris O'Donnell, in a highly entertaining homily used three symbols - **A Tackie (running shoe)** to tell us to get up when we fall and keep going - **a Packet of Candles** to tell, to tell us not to get caught up in the bright lights, the short term trills, to look for something more meaningful in life and thirdly using a **photo of Mark Zuckerberg**, founder of Facebook, to stay connected. Mrs. Cummins asked first year choir members to stand up and praised them highly, along with all the talented choir members. She thanked Mrs Lelia Fitzgerald for her outstanding service on the BOM, and Sr. Colette for her wisdom and Ms. C O'Brien for co-ordinating a memorable Mass. She welcomed new teachers to our school and all first years. She wished all present a great year in 2016/2017.



Coláiste Nano Nagle					
Extracurricular time table 2016/2017					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Time	Debating Ms. Shanahan	Debating Ms. Shanahan	Debating Ms. Shanahan	Debating Ms. Shanahan/ Ms. Galligan	Debating Ms. Shanahan
	Choir Ms. Gaughan			Choir Ms. Gaughan	
	Gaisce Ms. O' Reilly/Ms. Begley				Badminton Ms. Murphy
After school	Homework Club A. Cummins/ Mr. McInerney	Homework Club A. Cummins/ Mr. McInerney	Homework Club A. Cummins/ Mr. McInerney	Homework Club A. Cummins/ Mr. McInerney	
	Supervised Study Ms. Nestor	Supervised Study Ms. Nestor	Supervised Study Ms. Nestor	Supervised Study Ms. Nestor	
	Horse Riding Mr. Daly	Choir Ms Gaughan	Basketball (Seniors & Cadets) Ms. Begley	Basketball (Juniors) Mr. O' Sullivan	

\*Green Schools and School Digital Champion to be decided

Please note other activities will take place throughout the year



# Leaving Certificate Results



## Leaving Cert 2016 Progression

Educational progression for our recent leaving certificate students has been excellent, with 84% of all graduates, both traditional and LCA, progressing onto some form of further education and training. 38% of the traditional leaving cert group have been offered 3rd level courses, predominately in LIT and UL. The main areas of study being social studies, humanities, business, economics and science. Huge congratulations to each student on their fantastic results and every best wish for the future



6LCA students cleaning, weeding and planting beside our Christ the King statue

**Congratulations to all third years who got great results in their Junior Certificate on September 15th.**



6LCA students on a visit to the People's Park enjoying a walking tour of Limerick



# Ecuador & Career Guidance

*Story board of the construction of new buildings/business in Ecuador following our fundraising appeal in May 2016.*



*Maria has restarted her business, we purchased 2 photocopiers. Thanks to all the people who donated so generously.*



*Ponchito rebuilding his house after the Earthquake 2016 in Chone, Ecuador*



OUR PLAN WAS TO HELP AT LEAST FOUR FAMILIES TO GET THEIR LIVES TOGETHER AGAIN.

TO DATE THE FOLLOWING HAS BEEN ACHIEVED.

1. MARIA PURCHASED TWO PHOTO COPIERS AND PUT HER BUSINESS ON THE ROAD AGAIN AND SHE IS RENTING A SMALL PROPERTY.
2. FRANCISCO HAD LOST HIS HOUSE AND WE HAVE HELPED HIM REBUILD.
3. CARLOS HAD DEVASTATING DAMAGE DONE TO HIS HOUSE AND WE HAVE HELPED HIM WITH ALL THE REPAIRS.
4. IN THE PARISH OF SANTA RITA WE ARE HELPING TO PROVIDE DINNER EACH DAY TO MANY FAMILIES WHO WERE LEFT WITH NOTHING.

22.09.2016

Dear Teachers and Students,

This is a message of thanks from the people you have all helped in Ecuador after the earthquake on April 16<sup>th</sup> 2016. They are an amazing people who are trying so hard to make life again and thank you all for all we have achieved through your help.

Remember all the various activities that Miss O'Brien and yourselves got going.

- There were cake sales.
- Face Painting.
- Staff and Students basketball Match on Sports Day.
- Misses Whippy's Icecream days
- The Staff Dinner and Bobby donating the food that day.
- Retired Staff made a very generous contribution.
- Board of Management also were very generous to this cause.

FROM ALL THESE EFFORTS AND EVENTS COLAISTE NANO NAGLE GIFTED

€4,500.00 TO THIS TERRIBLE DISASTER.



Transition years student with their recently decorated Memory Box for 2016-2017

## Upcoming Career Guidance Events

We have a busy program of career guidance events running in the School over the autumn term. Last Tuesday the 27th September, 50 students from 5th and 6th year attended a Careers Exhibition in UL sports arena. All major colleges and universities in Ireland were present at the event, to discuss 3rd level courses and potential pathways into desired careers. Next month, we will begin a series of talks in the school, delivered by representatives of each local university, outlining all available courses and pathways into 3rd level. We will also run information sessions on academic supports; including HEAR, DARE and SUSI. University open days will begin in October, with joined open days for UL, LIT and Mary Immaculate running over two days, from the 20th – 21st October. If you have any queries about 3rd level courses or academic supports, then please speak to Mr Loftus.







*Sixth Year Students with Ms. Marion Cummins*



*Second Year Students with Ms. Marion Cummins*



*First Year Students with Ms. Marion Cummins*